

**SWALLOW SCHOOL
March 2019 Lunch Menu**

				<p>1</p> <p>1 Grilled Cheese</p> <p>2 Chicken Parm Sandwich</p> <p>3 Buffalo Chicken Salad</p> <p>Tomato Soup Tator Tots Rice Krispy Treat</p>
<p>4</p> <p>1 Pizza Bagel</p> <p>2 Breakfast Burrito</p> <p>3 Taco Salad</p> <p>Roasted Red Potatoes Herbed Carrots</p>	<p>5 Fat Tuesday</p> <p>1 Two Beef Tacos</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Turkey Ranch Wrap</p> <p>Spanish Rice Corn</p>	<p>6 Ash Wednesday</p> <p>1 Macaroni & Cheese</p> <p>2 Chicken Patty on a Bun</p> <p>3 Sandwich</p> <p>Roasted Vegetables Fruit Crisp</p>	<p>7 Pizza Thursday!</p> <p>1 Cheese or Sausage Pizza</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Yogurt Pak</p> <p>Breadstick Mixed Vegetables</p>	<p>8</p> <p>1 Fish Sticks</p> <p>2 Toasted Turkey Parm Sandwich</p> <p>3 Egg Salad Croissant</p> <p>Mashed Potatoes Broccoli Slaw</p>
<p>11</p> <p>1 Chicken Tenders</p> <p>2 Breakfast Burrito</p> <p>3 Taco Salad</p> <p>Potato Coins Maui Vegetables</p>	<p>12 Be Nice to Mr. Moore Day!</p> <p>1 Grilled Ham & Cheese Waffle</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Turkey Ranch Wrap</p> <p>Baked Fries Cauliflower Birthday Cake</p>	<p>13</p> <p>1 Pancakes and Eggs</p> <p>2 Chicken Patty on a Bun</p> <p>3 Sub Sandwich</p> <p>Tri Tators Warm Cinnamon Apples</p>	<p>14</p> <p>1 Cheese or Pepperoni Pizza</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Yogurt Pak</p> <p>Garlic Bread Peas & Carrots</p>	<p>15</p> <p align="center">Early Release</p>
<p>18</p> <p>1 Mini Corn Dogs</p> <p>2 Breakfast Burrito</p> <p>3 Taco Salad</p> <p>Scalloped Potatoes Green Beans</p>	<p>19 Vamos a la Fiesta!</p> <p>1 Beefy Nachos with Cheese</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Turkey Ranch Wrap</p> <p>Arroz Rojo Frijoles Charros</p>	<p>20</p> <p>1 Cheese Bread with Marinara</p> <p>2 Chicken Patty on a Bun</p> <p>3 Sub Sandwich</p> <p>Broccoli Salad Cookie</p>	<p>22 Pizza Thursday!</p> <p>1 Cheese Pizza</p> <p>2 Hamburger or Cheeseburger</p> <p>3 Yogurt Pak</p> <p>Noodles California Blend Vegetables</p>	<p>22 French Toast Friday</p> <p>1 French Toast Sticks With sausage</p> <p>2 Toasted Turkey Parm Sandwich</p> <p>3 Egg Salad Croissant</p> <p>Hashbrowns Cinnamon Applesauce</p>
<p>25</p> <p align="center">Spring Break</p>	<p>26</p> <p align="center">Spring Break</p>	<p>27</p> <p align="center">Spring Break</p>	<p>28</p> <p align="center">Spring Break</p>	<p>29</p> <p align="center">Spring Break</p>

SWALLOW SCHOOL
October 2018 Lunch Menu

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